

Attention-Deficit Hyperactivity Disorder (ADHD)

Also known as Attention Deficit Disorder (ADD), this condition is often difficult to accurately assess because the signs and symptoms of ADHD may also occur in other conditions. At Clinical Psychology Associates, our clinicians strive to provide the most accurate diagnostic evaluations possible for individuals suspected of having ADHD. We carefully assess youth using standardized instruments so that age-appropriate behaviors are not mistaken for ADHD, and we thoroughly assess for the possibility that attention problems are due to other factors such as anxiety or depression. Whenever possible, the assessment process includes the gathering of data from teachers and parents as well as the use of computerized tests of sustained attention.

When an individual is determined to have ADHD, our clinicians discuss available treatment options with both youth and parents. If medication is utilized as part of the treatment plan, our staff is available to work cooperatively with the prescribing physician to objectively assess its effectiveness. We also assist the child and family in effectively addressing the effects of ADHD through the provision of self-control training, problem solving, organizational skills development, social skills training, school success skills, and the development of increased home structure, when needed.